



cafe tabbella

food for families

Menu

(V) = Vegetarian (DF) = Dairy free (GF) = Gluten free (P) = Paleo Meals

Please see staff for kids menu

Breakfast Menu

Small Bites

Raisin Toast	\$6.00
Banana Bread	\$6.50
GF Banana & Raspberry Bread (GF)	\$7.00
French Toast with maple syrup	\$9.50
Add Bacon \$4.00	
Eggs Any Way on toast (poached, scrambled, or fried)	\$8.00
Extras each \$4.00	
Bacon, 2 eggs, hash browns, chipolatas, tomato, baked beans, mushrooms, avocado, \$4.50 haloumi cheese, smoked salmon	
Pancakes (V)	\$9.90
with maple syrup & ice cream	
Add berries or banana \$3.00	
Bacon & Egg Toastie	\$7.50
BBQ sauce & cheese	
On a roll	\$8.50
Breakfast Wrap	\$11.00
Bacon, egg, hash brown, BBQ sauce & cheese	
Vegetarian Breakfast Wrap	\$11.00
Vegetable pattie, mushrooms, spinach & hollandaise	

Tahbella's Omelettes

Paleo	\$13.50
Bacon, mushroom, spinach with grilled tomato	
Add Turkish \$2.00	
Ham, Cheese & Mushroom	\$15.00
with hash brown & Turkish bread	
Spanish	\$15.50
with fetta, tomato, mushroom, red onion, leg ham, served with Turkish bread	

Tahbella's Bennys

Eggs Benedict	\$16.50
Choose bacon, ham or spinach mushroom medley	
Or Salmon	\$18.00
Comes with Turkish Bread, grilled tomato, 2 poached eggs & hollandaise.	
Add sides e.g avocado \$4.00	
Keto Eggs Benedict (GF)	\$17.90
2 poached eggs on homemade keto bread with bacon, avocado & hollandaise sauce	

Traditional Breakfast

Tahbella's Famous Breakfast	\$12.50
Bacon, eggs anyway, grilled tomato & toast with cup of coffee or pot of tea - with a mug \$13.00	
Big Breakfast	\$19.50
Rashers of bacon, eggs anyway, chipolatas, tomato, hashbrown, mushrooms & toast	

Gourmet Breakfast

Avocado Smash ½ serve \$9.50 Full serve \$14.00	
With smashed avo, fetta, spanish onion, tomato & balsamic vinaigrette	
Add 2 poached eggs or bacon \$4.00	
Italian Ensemble (V)	\$14.90
Sauteed cherry tomatoes, onion, mushrooms, spinach, fetta and pesto on sourdough	
Add 2 poached eggs or bacon \$4.00	

Smoked Salmon Supreme	\$15.00
Smoked salmon, avocado, rocket, grilled tomato on sourdough with poached egg & hollandaise	

3 Stack Corn Fritters	\$16.00
Homemade fritter stack with lashings of bacon, avocado & rocket topped with creamy hollandaise	

Sweet Potato Rostis (GF)	\$16.00
With fresh avocado, bacon and poached eggs	
Add hollandaise \$2.00	

Great Start Breakfast (V, GF)	\$16.90
Sautéed mushroom & spinach, zucchini fritters, grilled tomato, avocado & poached eggs.	

Protein Power Breakfast	\$17.00
Grilled chicken breast, sautéed mushroom & spinach, poached eggs, fetta, Turkish bread & hollandaise	

Haloumi Delight (V)	\$18.00
Grilled haloumi cheese, avocado, sautéed mushrooms & spinach, poached eggs, sourdough and housemade pesto & relish	
Add bacon \$4.00	

Tahbella's Breakfast Bowl	\$18.00
Base of mushrooms, cherry tomatoes and spinach with pulled pork, crispy chat potatoes, poached eggs & chipotle hollandaise	

Tahbella's Sunshine Breakfast	\$21.50
With rashers of bacon, 2 hash browns, avocado, scrambled eggs, grilled tomato, sourdough and large fresh OJ	

Drinks Menu

Tahbella's Hot Drinks

Espresso	\$4.00
Double Espresso or Double Macchiato	\$4.50
Long Black	\$4.00 Cup \$4.50 Mug
Cappucino/Flat White	\$4.50 Cup \$5.00 Mug
Latte	\$4.50 Glass \$5.00 Mug
Mocha, Chai or Hot Chocolate	\$5.00 Glass \$5.50 Mug
Turmeric Latte	\$5.50 Glass \$6.00 Mug
NEW Italian HotCiok - rich thick hot choc with marshmallows (must try!)	\$6.50 Mug
Extras Syrups	50c
Hazelnut, Vanilla, Caramel	
Special Milks	80c
Lactose, Soy, Oat, Almond, Coconut	
Extras Shots & Decaf	50c
Organic Teas	\$5.00
English, Earl Grey, Camomile, Peppermint, Green, Rooibos (South African)	

Tahbella's Cold Drinks

Iced Latte	\$5.50
2 shots espresso over ice with milk	
Milkshakes	\$6.00
Chocolate, Strawberry, Vanilla, Lime, Caramel or Banana	
Add Malt 60c	
Make it a Thickshake	\$8.00
Espresso Coffee Milkshake	\$7.50
Iced Coffee or Chocolate or Chai	\$7.50
Smoothies	\$7.50
Banana, Mango or Mixed Berry all served with yoghurt, honey, ice cream & milk	
Keto Smoothie	\$7.50
cream, almond milk, peanut butter, ice & cocoa	
Green Smoothie	\$7.50
Banana, kale, apple, raspberries, honey & ice	
Tropical Bliss Smoothie	\$7.50
Mango, banana, orange, ice, honey & milk	
Acai Smoothie	\$7.50
Berry blend with banana, blueberries & coconut milk	
Watermelon Kisses	\$7.50
Watermelon, apple, cucumber, strawberries & ice	
Detox Juice	\$7.50
Beetroot, apple, ginger & carrot on ice	
Sunrise Zing	\$7.50
Pineapple, carrot, ginger, apple on ice	
Make your own juice	\$7.50
(choose 4 options)	
Orange, apple, banana, carrot, watermelon, beetroot, blueberries, raspberries, strawberries, spinach, passionfruit, mango	

Lunch Menu over >





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Lunch Menu

Hot Chips \$5.00
Add gravy \$2.00

Sweet Potato Chips w/ aioli \$7.50

Sandwich Bar

Ham, cheese, tomato or **Ham, cheese, pineapple** \$6.50

Chicken, cheese, avocado or **Chicken, cheese, onion** \$7.50

Chicken or **Ham Salad** \$8.00

B.L.T \$12.50

Bacon, lettuce, tomato, mayo - served with chips

Add avocado \$2.50

Steak Sandwich \$14.00

Grilled steak, onion, lettuce, tomato, beetroot, bbq sauce & chips

Chicken Club \$15.00

Breast fillet, bacon, tomato, lettuce, avocado, mayo, cheese & chips

Turkey Club \$16.00

Turkey breast, cranberry sauce, avocado, brie cheese, lettuce, tomato & chips

Wrap it up

Ranch Wrap \$12.50

Chicken, bacon, grilled onion, lettuce, tomato, cheese, mustard & mayo

Sweet Chilli Chicken Wrap \$12.50

Chicken, bacon, sweet chilli, mayo, lettuce, tomato & cheese

Chicken Caesar Wrap \$12.50

Chicken, bacon, fried egg, cos lettuce, parmesan cheese & Caesar dressing.

(add chips to any wrap \$2.00)

Salads

Caesar Salad \$13.50

Cos lettuce, bacon, croutons, poached egg, parmesan cheese & Caesar dressing.

Add chicken \$4.00

Add smoked salmon \$5.00

Thai Beef Salad \$14.90

Beef strips, cashews, salad greens, sweet chilli, lime & soy dressing

Coconut Chicken Salad \$14.90

Grilled breast fillet w/ mango, salad greens & light citrus dressing

Tabbella's Burgers

Beef \$16.00

Fresh pattie with bacon, grilled onion, cheese, lettuce, tomato, beetroot, bbq sauce & chips

Lamb \$16.00

Haloumi, pesto, caramelised onion, tomato, lettuce & chips

Southern Fried Chicken \$16.00

Seasoned breast fillet with crispy bacon, housemade coleslaw & chips

Grilled Steak Burger \$16.00

Steak with mushrooms, onion, aioli, cheese, lettuce, tomato & chips

Pulled Pork Burger \$16.00

BBQ basted pulled pork with housemade coleslaw & chips

American Burger \$16.00

With beef pattie, onion rings, pickles, bacon, lettuce, tomato, American mustard, cheese & chips

Vegan \$15.00

Grilled mushrooms, onion, tomato, relish, lettuce, beetroot, avocado & chips

Meals

Beer Battered Barramundi \$15.00

With chips, salad, lemon & tartare

Zucchini Fritters (4) (V) (GF) \$13.50

With avocado salsa & salad

Chicken Stack (GF) \$16.00

Housemade patties, lightly crumbed in almond meal with lashings of bacon, rocket, avocado & aioli

Vegan Springrolls or Cheeseburger Springrolls (4) \$12.50

With dipping sauce and salad

Schnitzels

Avo Supreme \$17.50

With bacon, avocado, hollandaise sauce, chips & salad

Paleo \$17.00

Crumbed in coconut and almond with sweet potato chips, aioli & salad

Aussie \$17.50

Bacon, fried egg, BBQ sauce & cheese

[Breakfast / Drinks Menu over >](#)

